Incidence of Glaucomatous Visual Field Loss Subsequent to Glaucomatous Optic Disc Deterioration

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#### The Ocular Hypertension Treatment Study Group (OHTS) ARVO May 3, 2010

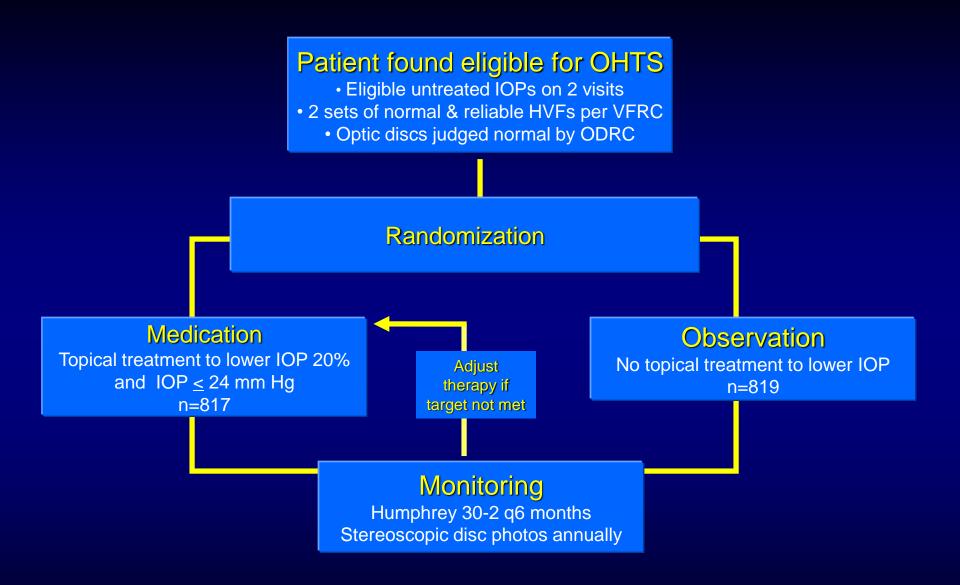
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### I have no conflicts of interest to report.

# The OHTS Entry Criteria

- Age 40 80
- Normal visual fields
  - Humphrey 30-2
- Normal optic discs
- Untreated IOP:
  - 24 to 32 mmHg in qualifying eye
  - 21 to 32 mmHg in fellow eye



OHTS set a high bar for POAG endpoints.

High specificity is important in a clinical trial of treatment efficacy.

## Visual Field Defect

- Determined by masked readers
  Visual Field Reading Center, U-California Davis
- Defects defined as:
  - CPSD p<.05 and/or</li>
  - GHT outside normal limits by Stat Pac 2
  - Defect in the <u>same</u> location and on the <u>same</u> index on 3 consecutive reliable visual fields

## **Optic Disc Deterioration**

- Determined by masked readers
  - Optic Disc Reading Center, Bascom Palmer Eye Institute, Miami
- Defined as:
  - Generalized or localized thinning of neuroretinal rim compared with baseline photos
  - Detected on 2 consecutive sets of f/up photos
  - Readers masked as to which set is baseline or f/up

# **POAG Endpoints**

- All cases of a confirmed visual field defect and/or optic disc deterioration referred to the endpoint committee.
- 3 masked clinicians reviewed clinical data and determined whether changes due to POAG (endpoint) or some other condition.
- Optic disc deterioration had to be "clinically significant."

What is the prognosis of patients with glaucomatous optic disc deterioration?

Is disc deterioration a predictor of glaucomatous visual field loss?

# Sample For Analysis In This Report

- Includes the first eye that developed a 1° POAG endpoint in OHTS Phase 1 (1994-2002)
- Includes 2° POAG endpoints to the end of the study in the same eye (2009)
- Includes one eye selected randomly if the participant developed 1° POAG in both eyes at the same visit.
- Excludes participants who developed both VF POAG and optic disc POAG in the same eye at the same visit.

# Primary 1° POAG Endpoints in OHTS Phase 1

Participants who developed a 1° POAG endpoint	
in one eye	134
In two eyes (one eye selected randomly for analysis)	10
Participants who developed VF POAG <u>and</u> optic disc POAG in the same eye are excluded	(12)
1° POAG N of eyes/participants	144 eyes/144 pts.

### 1° POAG Endpoints in Phase 1

1° optic disc endpoints58%84 of 144 eyes1° visual field endpoints42%60 of 144 eyes

Duration of f/up from 1° POAG to last f/up visit was 7.8  $\pm$  2.9 yrs. (mean  $\pm$  SD)

All participants treated after 1° POAG endpoint (both treatment and observation groups)

 44% (63 of 144) 1° POAG eyes developed a 2° POAG endpoint in the same eye by study end

### 84 eyes had a 1° optic disc POAG

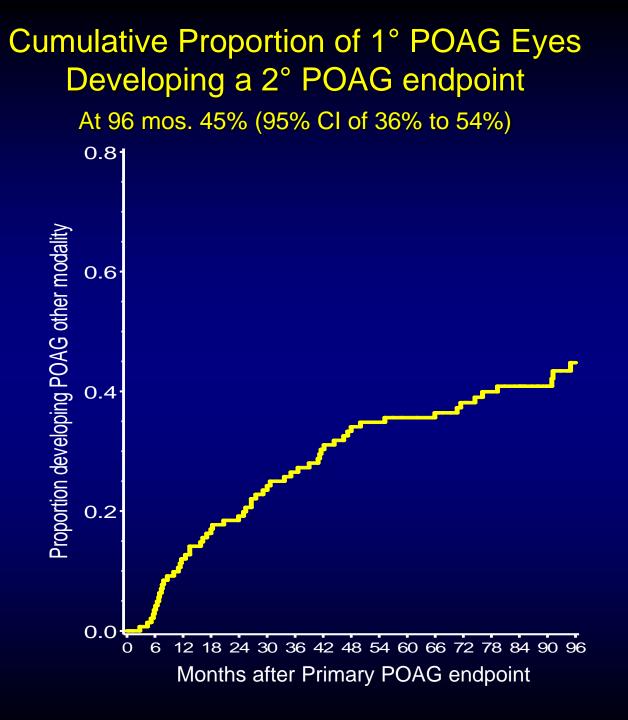
39% 33/84 eyes developed 2° VF POAG Mean time 3.8 ± 2.9 years

6% 5/84 eyes developed confirmed VF abnormalities not due to POAG

### 60 eyes had 1° visual field POAG

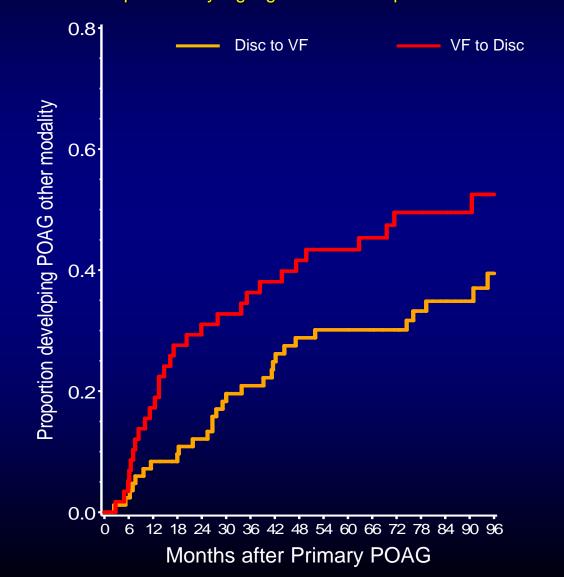
50% 30 of 60 developed 2° optic disc POAG Mean time 2.6 ± 2.5 years

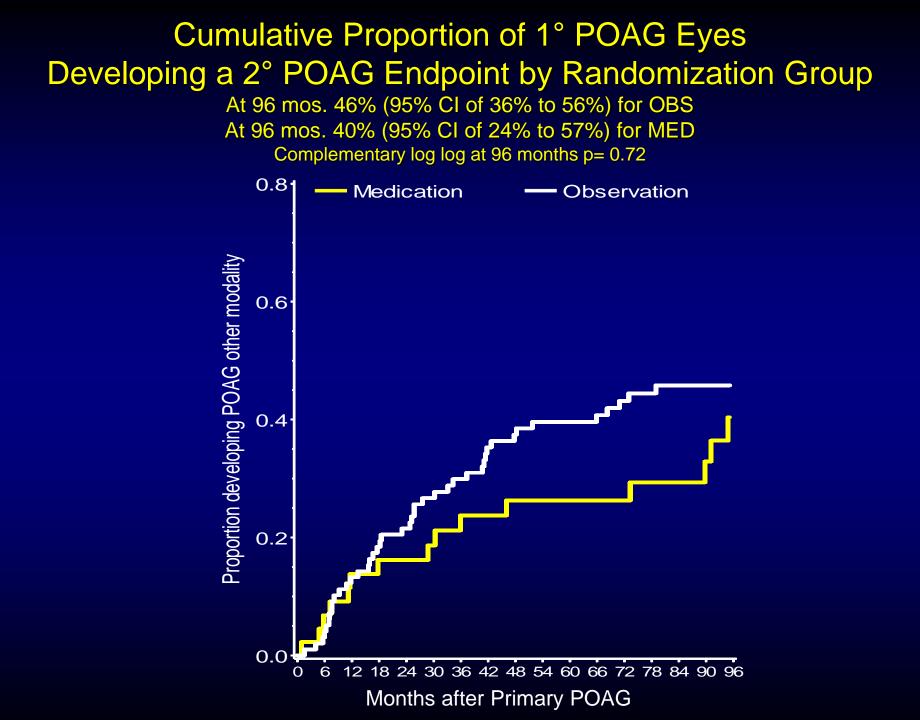
1.7% 1 of 60 developed confirmed disc deterioration that was "not clinically significant"



#### Cumulative Proportion of 1° POAG Eyes Developing a 2° POAG Endpoint by Modality

At 96 mos. 39% (95% CI of 28% to 51%) of 1° Disc POAG eyes develop VF POAG At 96 mos. 52% (95% CI of 39% to 66%) of 1° VF POAG eyes develop Disc POAG Complementary log log at 96 months p=0.09





### Factors Associated with Eyes that Developed 2° POAG Endpoint

	Did 1° POAG Eye Develop 2° POAG			
	No N=81 Mean ± SD	Yes N=63 <sub>Mean ± SD</sub>	Univariate Logistic Regression P-value	
Age	59.6±9.5	59.8±8.2	0.70	
CCT (microns)	557±41	546±33	0.10	
Baseline Vertical C/D	0.47±0.19	0.52±0.16	0.09	
Baseline PSD dB	1.9±0.2	2.1±0.2	0.0001	

### Factors Associated with Eyes that Developed 2° POAG Endpoint

	Did 1° POAG Eye Develop 2° POAG			
	No N=81 Mean ± SD	Yes N=63 <sub>Mean ± SD</sub>	Univariate Logistic Regression P-value	
Baseline IOP	26±3	26±3	0.52	
F/up IOP before 1° POAG	24±4	26 ±5	0.04	
F/up IOP after 1° POAG	17±3	20±4	0.0001	

# Summary

- 39% of eyes with a 1° optic disc POAG endpoint developed reproducible glaucomatous visual field loss within a mean of 3.8 years despite treatment.
- 50% of eyes with a 1° visual field POAG endpoint developed glaucomatous optic disc deterioration within a mean of 2.6 years despite medical treatment.
- Glaucomatous optic disc deterioration has prognostic significance for glaucomatous visual field loss.

### **OHTS Clinical Centers**

- Bascom Palmer Eye Institute
- Baylor Eye Clinic
- Charles R. Drew University
- Devers Eye Institute
- Emory University Eye Center
- Eye Associates of Washington, DC
- Eye Consultants of Atlanta
- Eye Doctors of Washington
- Eye Physicians and Surgeons of Atlanta
- Glaucoma Care Center
- Great Lakes Ophthalmology
- Henry Ford Hospitals
- Johns Hopkins University
- Jules Stein Eye Institute, UCLA
- Kellogg Eye Center
- Kresge Eye Institute

- Krieger Eye Institute
- Maryland Center for Eye Care
- Mayo Clinic/Foundation
- New York Eye & Ear Infirmary
- Ohio State University
- Salus University
- Scheie Eye Institute
- University of California, Davis
- University of California, San Diego
- University of California, San Francisco
- University of Louisville
- University Suburban Health Center
- Washington Eye Physicians & Surgeons
- Washington University, St. Louis

## **OHTS Resource Centers**

Study Chairman's Office & Coordinating Center Washington University St. Louis, MO

Optic Disc Reading Center Bascom Palmer Eye Institute

University of Miami Miami, FL Visual Field Reading Center University of California, Davis Sacramento, CA